

Supplement Facts

Serving Size 2 Packs (4 tablets/1 softgel per pack) • Servings Per Container 30

Amount Per Serving	%DV
Calories.....	10
Calories from Fat	10
Total Fat	1 g 2%
Vitamin A (33% as Vitamin A Palmitate [5,000 IU]/ 67% [10,000 IU] as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids††	15,000 IU 300%
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/ Calcium and Magnesium Ascorbate complex).....	1,400 mg 2,333%
Vitamin D-3	400 IU 100%
Vitamin E (natural, as d-alpha tocopheryl plus mixed tocopherols)	404 IU 1,347%
Thiamine	200 mg 13,333%
Riboflavin	50 mg 2,941%
Niacin/Niacinamide	190 mg 950%
Vitamin B-6 (as Pyridoxine HCl/ Pyridoxal-5-Phosphate Complex)	100 mg 5,000%
Folic Acid	800 mcg 200%
Vitamin B-12 (as cyanocobalamin/ methylcobalamin complex)	250 mcg 4,167%
Biotin	300 mcg 100%
Pantothenic Acid (as d-Calcium Pantothenate)	500 mg 5,000%
Calcium (as Calcium Citrate/Ascorbate Complex).....	500 mg 50%
Iodine (from Kelp).....	200 mcg 133%
Magnesium (as Magnesium Aspartate/ Ascorbate Complex).....	500 mg 125%
Zinc (as Zinc Amino Acid Chelate)	26 mg 173%
Selenium (as Selenium Krebs†/Kelp complex)	200 mcg 286%
Copper (as Copper Amino Acid Chelate).....	2 mg 100%
Manganese (as Manganese Aspartate Complex)	10 mg 500%
Chromium (Organically bound with GTF activity—low allergenicity).....	200 mcg 166%
Molybdenum (as Molybdenum Krebs†)	100 mcg 134%
Potassium (as Potassium Aspartate Complex).....	100 mg 2%
Lutein (natural).....	6 mg *
Lycopene (natural).....	6 mg *
Zeaxanthin	1 mg *
Inositol	100 mg *
Trace Elements (from Sea Vegetation).....	approx. 100 mcg *

Amount Per Serving	%DV
Choline (from 150 mg Choline Citrate/Bitartrate).....	60 mg *
PABA (<i>para</i> -aminobenzoic acid)	50 mg *
Boron (as Boron Aspartate/Citrate complex)	2 mg *
Vanadium (as Vanadium Krebs†).....	50 mcg *
L-Cysteine/N-Acetyl L-Cysteine	150 mg *
Betaine (from 150 mg Betaine HCl).....	114 mg *
Bromelain (2,000 GDU/g)	50 mg *
Glutamic Acid (from 50 mg Glutamic Acid HCl)	20 mg *
L-Methionine	12 mg *
Marine Lipid Triglycerides.....	1,000 mg *
yielding:	
DHA (Docosahexaenoic acid)	450 mg *
EPA (Eicosapentaenoic acid)	150 mg *
Rose Hips	100 mg *
Lemon Bioflavonoids.....	100 mg *
Red Wine Proanthocyanidins/Pine Bark Extract.....	50 mg *
(OPC 85) (J.Mesquellier U.S. Patent No. 4,698,360)	
Hesperidin.....	36 mg *
Rutin	26 mg *
Proprietary Blend.....	700 mg *
Kale (leaf), Spinach (leaf), Carrot (root), Radish (root), Celery (leaf and stalk), Apricot (fruit), Blackberry (fruit), Cranberry (fruit), Grape (fruit) and Pineapple (fruit).	
Blueberry (fruit).....	100 mg *
Garlic (bulb, Pure-Gar®, odorless)	100 mg *
Broccoli (entire plant).....	100 mg *
Cauliflower (entire plant)	100 mg *
Spirulina.....	100 mg *
Chlorella (broken cell wall).....	100 mg *
Green Papaya Extract (fruit)	100 mg *
Green Tea Extract (leaf).....	50 mg *
Sprouted Barley Juice (entire plant)	50 mg *
Wheat Grass Juice (gluten free, entire plant)	50 mg *
Beet Extract (root).....	50 mg *
Apple Pectin (fruit)	50 mg *



*Daily Value not established.